



Preceptor Newsletter

VOLUME 5 - ISSUE NO. 3 - SEPTEMBER 2022

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THE UNIVERSITY OF BRITISH COLUMBIA

Midwifery Program

Department of Family Practice | Faculty of Medicine



And, We're Back!

Hello, dear preceptors, we are excited to be starting the 2022 Winter Term. A new year brings new eager minds along with some exciting changes to the program.

Student onboarding throughout the province, as with everything else, was impacted by COVID. Process and oversight are being streamlined and we appreciate your efforts in orienting our students to the ins and outs of clinical placement sites.

THANK YOU to those who completed our very short survey regarding student access. For those who have not yet had a chance to fill this out, please visit the [Midwifery Student Access & Training for Health Authorities](#) survey.

COVID UPDATE:

Though UBC no longer requires students, faculty and staff to wear non-medical masks, we continue to recommend that masks be worn in indoor public spaces. Please read the [UBC Broadcast](#).

- Faculty, including clinical preceptors, still may not ask students about their vaccine status. This is protected health information.
- Student vaccination status is assured by the Faculty of Medicine before the start of clinical placements.
- Students, faculty and staff will need to follow Ministry of Health guidelines when in outpatient clinical spaces and follow any additional hospital authority guidelines when working in hospitals.

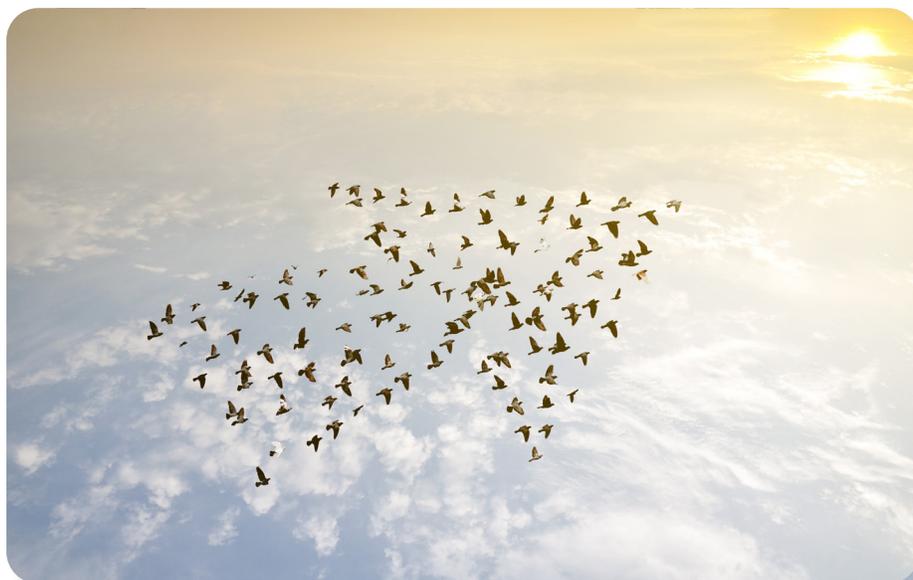


From the Director's Desk



I recently chaperoned a family member during a medical consult at St. Paul's Hospital in Vancouver. When the clinic nurse heard I was a midwife, she gushed, "I used to work in OB here. You midwives are the best!" Which prompted the medical assistant to stop setting up procedure trays and say, "You guys are the best. I had two home births with my midwives. I love midwives."

My midwives. You are the best. We don't hear that praise often enough. Usually, it comes after decades in practice. Some midwives are so worn down by the demands of supporting people through pregnancy that they leave the work before they ever hear how valued they are. The pandemic was a long barrier to our usual relationships with our clients. I repeated those words of praise so that you all could share them. It might be a long time before we hear much praise or feel rested enough to appreciate them. Canada's shift from coping with COVID to avoiding it makes our work a little easier, but we are still surrounded by primary provider shortages of all kinds-including midwives. The only way for us to have more midwives to share our workload is to educate them. I hope that by having freer day to day lives you will have renewed energy to help us teach the midwives of the future.





Midwifery Education in Fraser Health



Although still unofficial, you have probably heard that the Ministry of Advanced Education and the Ministry of Health have asked UBC Midwifery to increase midwifery education in Fraser Health. The Ministries and UBC Midwifery are committed to this expansion, but there is university process to complete before work that is visible to the community is started. I have developed a presentation explaining the plan that I deliver once month to successively higher-level committees and offices at UBC. The expansion proposal moves forward month by month until it is approved by the UBC Senate and the President's Office. This approval is expected to be complete in January 2023.

The approval process isn't over with UBC Senate approval. Once Senate approval is final, the Fraser Expansion plan will need to be presented to the BC College of Nurses and Midwives and the Accreditation Commission of the Canadian Association of Midwifery Educators. Those two accreditation bodies must approve additional seats to our programs also.

We'll start meeting with the Fraser midwifery community early in 2023 to hear how to best design midwifery education that supports practice in Fraser Health. We're looking forward to working with the Fraser midwives to make midwifery from White Rock to Chilliwack the best midwifery in Canada.





Welcome, Judy DeFreitas!



UBC Midwifery Clinical Placement Lead Kayley Redgers is currently on maternity leave but will be returning next year. We have the good fortune to have Judy Defreitas join the clinical placement team.

Hello, my name is Judy DeFreitas. I am the interim UBC Midwifery Clinical Placement Lead.

I am part of the administrative team in the Midwifery Program that coordinates the student's clinical placements along with recruiting and engaging preceptors. Prior to starting at UBC I spent nearly 15 years working as a Registered Midwife in Northern BC. My midwifery career has included owning my own practice and being on the Board of the both Midwives Association of BC and the Canadian Association of Midwives. I am currently taking a break from clinical practice and am thrilled to be able to use some of my midwifery knowledge during regular hours only.

When I am not working I spend my free time walking my dog, riding my spin bike, making margaritas and travelling with my partner. I'm excited to be shifting gears for a bit and hoping to have a positive impact on growing on our profession.



Judy Defreitas

UBC Midwifery Clinical Placement Lead



19 Nov

the **save**
date

UBC Midwifery's *20th Anniversary Celebration*

Saturday, November 19th, 2022



9:00 -
4:00PM

**Ongoing class reunions, an art show and,
continuing professional development featuring:**



**Jessica Brumley |
CNM, PhD, FACNM**

Vice President American
College of Nurse-Midwives,
Midwifery Division Director,
University of South Florida



**Kaveri Mayra |
RM, PhD**

Michael Smith
Foundation award for
post-doctoral research
with the Birth Place Lab

Topics will include:

Working with practices
and hospitals towards
cesarean section
reduction



Body
Mapping



Assisting
students with
special
support needs



And
More!

4:30 -
6:00PM

Cocktail Reception



6:00 -
10:00PM

**Celebratory dinner, preceptor
and alumni recognition**



Cost:

UBC Midwifery Preceptors

\$20

For continuing
professional
development,
cocktail reception
and dinner.

General Attendees

\$50

For cocktails and
dinner only.
OR
For educational
sessions only.

\$75

Combined
educational
sessions,
cocktails and
dinner.

RSVP and payment site will be made available at a later time.



48th Annual D.A. Boyes Society Meeting & Obstetrics and Gynaecology Clinical Review

Oct 20-21

Morris J Wosk Centre



We are pleased to announce the annual D.A. Boyes Society Meeting & Obstetrics and Gynaecology Clinical Review conference returns in-person this October and hope you can assist sharing the information below with your network. Please do not hesitate to contact me if you have any questions or concerns. I truly appreciate your help in sharing this information and promoting better healthcare to patients. Thank you!

Oct 20-21 (Thu-Fri) | 0800-1600 PST | Vancouver BC

Audience: obstetricians, gynaecologists, oncologists, reproductive endocrinologists, nurses, nurse practitioners, midwives and OBGYN residents.

Up to 12.75 MOC Section 1 Credits

[LEARN MORE AND REGISTER](#)

Conference Highlights:

- ◆ Timely and clinically relevant updates on Maternal-Fetal Medicine, Reproductive Endocrinology, Gynaecologic Oncology
- ◆ Talks include surgical outcomes based on gender of surgeon, fertility preservation in cancer patients, hysteroscopic resection of fibroids and many more
- ◆ A great opportunity to spend downtime with colleagues and presenters
- ◆ Ticket includes short cocktail reception, generous buffet dinner with wine

[Visit our website for full agenda](#)

Social Event | Thu, Oct 20 | Pan Pacific Hotel



Past Participant Testimonials:

“A really outstanding conference. Lots of relevant material. Largely and appropriately focused for specialists in community practice.”

“Great conference. Love the mix of topics. I always leave with a few items learned that I can apply to my practice.”

Safety Protocols:

The UBC CPD team will be working very closely with the Morris J Wosk Center to ensure that all current provincial health safety guidelines will be in place and carefully monitored. Please review [this website](#) for more information.

Regards,

Conference Secretariat
Division of Continuing Professional Development
UBC Faculty of Medicine
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Vancouver, BC Canada V5Z3X7
ubccpd.ca | thischangedmypractice.com
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Preceptor Training Update

The [Practice Education Program](#) (PEP) modules required as part of our preceptor training have recently been updated. These modules are **free to access** and we encourage clinical faculty to use, and review, these modules at any time.

Previous Modules:

- 1 - Preparation and Orientation
- 2 - Developing Learning Objectives
- 3 - Giving and Receiving Feedback
- 4 - Understanding and Fostering Clinical Reasoning
- 5 - Fostering Reflective Practice
- 6 - Dealing with Conflict
- 7 - Evaluation Process
- 8 - Peer Coaching
- 9 - Optimizing Learning

Modules:

- 1 - [Preparation and Orientation](#)
- 2 - [Anti-oppressive Practices](#)
- 3 - [Developing Learning Objectives](#)
- 4 - [Developing Clinical Reasoning](#)
- 5 - [Reflective Practice](#)
- 6 - [Feedback and Evaluation](#)
- 7 - [Navigating Conflicts](#)
- 8 - [The Virtual Placement](#)

NOTE: Certificates of completion need to be exported upon module completion. Certificates of completion cannot be retrieved retro-actively. Please file and save these for your records.



PRECEPTOR EDUCATION PROGRAM



for Health Professionals and Students



UBC Midwifery - BC Information Sessions

Many new and exciting changes have happened for UBC Midwifery over the past few years so we will once again be holding Information Sessions around the province this fall for anyone interested in learning more about the admissions process and the growth of the program. With the launch this fall of the RN Advanced Placement option, the introduction of the Distributed Online Midwifery Education (DOME), the expansion of the Internationally Educated Midwives Bridging Program (IEMBP), and future growth of the core education program, we look forward to engaging with communities throughout the province this fall. Below is a snapshot of sessions that are scheduled and those still in the planning stages. For updated information, please check the main page of the [UBC Midwifery website](#) for updates.

Prince George	Date & Time: September 28th, 2022 3:30 PM - 5:00 PM Location: University of Northern British Columbia Rm. 9-200
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Quesnel	Date & Time: September 29th, 2022 3:00 PM - 4:30 PM Location: College of New Caledonia - Quesnel Campus Rm. N211
.....	
Kelowna	Date & Time: October 19th, 2022 4:00 PM - 5:30 PM Location: UBCO Rm. RH257
.....	
Penticton	Date & Time: October 20th, 2022 TBD Location: Okanagan College Rm. TBD
.....	
Vancouver Island <i>Victoria and Nanaimo</i>	Date & Time: <i>Early October</i> TBD Locations: University of Victoria Rm. TBD October 12th 3:30 PM - 5:00 PM Vancouver Island University Bulding 210 Rm. 270
.....	
Fraser Valley <i>Surrey, Abbotsford and Chilliwack</i>	Date & Time: <i>Early October</i> TBD Location: TBD
.....	

For further information, contact the Student Services Manager at Blake.Dobie@ubc.ca.



Why Become Clinical Faculty?

BENEFITS & RESOURCES

All UBC preceptors **must** have clinical faculty status with the Faculty of Medicine to be fully covered by UBC insurance **and to receive stipend** for their precepting. There are a number of advantages to having your clinical faculty appointment which can be found listed in the [Faculty of Medicine Services and Perks](#) page as well as in this [PDF](#).



Please also see the [clinical faculty policy](#) if you want a deeper dive into UBC's regulations.

Friendly reminder, if you need to update your name clinical faculty members can login into Workday and change it themselves.

PROFESSIONAL DEVELOPMENT

[Midwifery Best Practices in Materials Management :](#)

New course offered through UBC CPD. This self-paced course is offered free of charge to midwives. Completion time is approximately one hour. The production of this course was supported by the MABC, the BCCNM, UBC CPD and the Ministry of Health. Thanks to Kim Campbell, UBC CPD Lead, for project oversight.



[Cultural Safety and Humility - Midwifery Resource Hub :](#)

Browse this resource hub to view current and reliable resources on cultural safety and humility being offered by various education providers and organizations. Find guidelines, self-paced courses, toolkits, informational readings, and more on how to integrate cultural safety into your midwifery practice.



PREVIOUS NEWSLETTERS

[2021-09-06 Volume 5 Issue 01](#)

[2022-01-27 Volume 5 Issue 02](#)

The UBC Midwifery Program manages subscriber information for the UBC Midwifery Clinical Faculty Preceptor mailing list is and is an announcement only, opt-in mailing list. You have been added to this list if you have received your Clinical Faculty Appointment (CFA).

The Mailing List Service is provided by UBC and your contact information is not stored outside of Canada at any time. UBC is subject to the Freedom of Information and Protection of Privacy Act (FIPPA), which is the privacy law that governs all government bodies in British Columbia. This law protects personal information (recorded information about an identifiable individual). It only allows UBC to collect and use personal information for purposes connected with its programs or activities, and it requires UBC to keep this information secure and confidential.

If you need to update your email address, or remove your email address, please email alicia.rebman@ubc.ca.





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